

St. Joseph Catholic Academy

St. Joseph's Journal

Issue No. 3 June 2025



Jenny Kenesie (Left), Coach Jon Furreness (Middle), Thomas Connolly (Right)

Coach Jon Furreness' 30th year as a Coach!

This year marks Coach Jon Furreness' 30th year as a coach at St. Joseph Catholic Academy. We are honored to officially induct Coach Furreness into the St. Joseph Hall of Fame. His dedication, hard work, and

support does not go unnoticed. We are incredibly proud to call him our family. Congratulations to Coach Furreness. This year we celebrate such an amazing man. Thank you to all those that made this possible! All other inductees will be announced at a later date. May God bless Coach Furreness!



Featured Articles

Moving on! Lancer Class of 2025

A bittersweet moment for the Class of 2025 and our faculty and staff. This Sunday marks the end of an era, our senior class made their final walk across the stage at SJCA. We are incredibly proud of our students as they embark on their new journey in life. We ask for the Lord Jesus to bless them and protect them as they navigate through the nuances of life.

Prayer for Graduates:

Almighty God, we give you thanks for these graduates and for the gifts and talents you have bestowed upon them. We praise you for their dedication and perseverance in their studies, and we rejoice in their achievements on this special day. We ask for your blessings as they embark on their next journey, whether it be in further education, entering the workforce, or pursuing their passions. Guide them with your wisdom and courage, and grant them the grace to make wise decisions and to live lives of purpose and meaning. Surround them with your love and peace, and may they always find strength in your presence. Through your Son, Jesus Christ, we ask this in his name. Amen



Graduating class of 2025

UPDATE: Faith to Grow Campaign

The SJCA Advancement Office has been working closely with the Steier Group to plan for the future of our beloved school. The campaign is shifting its goal to improving the current building and product of our education. Currently, we are finalizing the new campaign vision. We continue to ask for your prayers and support as we embark on this new initiative at SJCA! Thank you.

LANCER GOLF OUTING - JULY

Please consider signing up for the 40th annual SJCA Athletic Association golf outing. The Athletic Association has been working tirelessly to put together this wonderful outing. Join your friends and family at this unforgettable event that supports our student athletes!

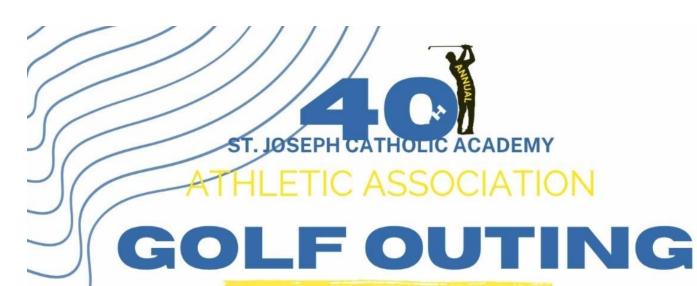
Hole Sponsorships: \$150/each

Raffle Tickets: \$100/each (Max prize is \$5k)

(See the link below)



Golf outing flyer



Wednesday, July 16, 2025

BRISTOL OAKS

\$175/GOLFER

18 HOLES OF GOLF WITH CART SCRAMBLE FORMAT

9:00am - Shotgun Start At the Turn - Lunch

3:30pm - Hospitality/Dinner

5:00pm - Raffle Drawn

RAFFLES

Hole-in-One Contest
Putting Contest
Cash Prize Raffle
5 DRAWINGS FOR ONE OF FIVE PRIZES:

1ST PLACE - \$5,000 2ND PLACE - \$2,000 3RD PLACE - \$1,500 4TH PLACE - \$1,000 5TH PLACE - \$500

Ticket Price: \$100 RAFFLE LICENSE NO. R0030884-B-50275

Thank you for supporting our Lancer Athletes from kindergarten through grade 12!

Please Click the Link Below to Register:

SJCA Athletic Association Golf Outing

STRAWBERRY CREEK

\$225/GOLFER

*LIMITED TO 20 FOURSOMES

Tee Times Start at 8:00am

HOLE SPONSORSHIP

\$150

BANNER TO BE POSTED AT BRISTOL OAKS DURING GOLF OUTING REFLECTING ALL SPONSORS. THE BANNER WILL ALSO BE UTILIZED THROUGHOUT THE YEAR AT SPORTING EVENTS.





Dear Friend of St. Joseph Catholic Academy,

On behalf of the SJCA Athletic Association, we extend our heartfelt thanks for your continued support. Your generosity plays a vital role in enriching our athletic programs for students in grades K-12. Because of you, we've been able to improve our facilities, update equipment, and provide our student-athletes with the tools they need to succeed—both on and off the field.

Your contributions have directly supported many important projects, including:

- Annual Uniform Program Ensuring our athletes are equipped with modern, highquality uniforms on a regular rotation.
- Batting Cage Installation A retractable hitting cage in the gymnasium for year-round training for our softball and baseball teams.
- Football Equipment New helmets and protective gear for both High School and Middle School teams to keep our athletes safe.
- Frank Matrise Sr. Fitness Center Upgrades to cardio machines, weights, and training tools, with Coach Bill Vassos continuing to lead efforts to maximize athlete participation and safe usage.
- Hudl Analytics System Annual subscription and equipment for enhanced video analysis, game strategy, and college recruitment opportunities.
- Wrestling Room Renovation A remodeled and relocated space, complete with a new competition mat, providing a safer and more effective training environment.
- State Competition Travel Supporting our successful teams with coach bus travel to state tournaments, helping them arrive in style and comfort.

All of these advancements are thanks to the unwavering support of donors like you. We invite you to join us once again for the 40th Annual Golf Outing on Wednesday, July 16th, at either Bristol Oaks Country Club or Strawberry Creek Country Club. Due to popular demand, you may now choose your preferred course when registering. (Please see the attached flyer for full event details.)

Additionally, we encourage you to purchase raffle tickets for a chance to win cash prizes totaling \$10,000.

Your presence, participation, and support continue to make a lasting difference in the lives of our student-athletes. Thank you for being a part of our SJCA community.

Please clink on link below to register: Home - SJCA Athletic Association Golf Outing

With gratitude,

Kevin McTernan President





Litany of the Most Sacred Heart of Jesus

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God, the Holy Spirit, have mercy on us.

Holy Trinity, One God, have mercy on us.

Heart of Jesus, Son of the Eternal Father, have mercy on us.

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, have mercy on us.

Heart of Jesus, substantially united to the Word of God,

have mercy on us.

Heart of Jesus, of Infinite Majesty, have mercy on us.

Heart of Jesus, Sacred Temple of God, have mercy on us.

Heart of Jesus, Tabernacle of the Most High, have mercy on us.

Heart of Jesus, House of God and Gate of Heaven, have mercy on us.

Heart of Jesus, burning furnace of charity, have mercy on us.

Heart of Jesus, abode of justice and love, have mercy on us.

Heart of Jesus, full of goodness and love, have mercy on us.

Heart of Jesus, abyss of all virtues, have mercy on us.

Heart of Jesus, most worthy of all praise, have mercy on us.

Heart of Jesus, king and center of all hearts, have mercy on us.

Heart of Jesus, in whom are all the treasures of wisdom and knowledge, have mercy on us.

Heart of Jesus, in whom dwells the fullness of divinity, have mercy on us. Heart of Jesus, in whom the Father was well pleased, have mercy on us. Heart of Jesus, of whose fullness we have all received, have mercy on us. Heart of Jesus, desire of the everlasting hills, have mercy on us. Heart of Jesus, patient and most merciful, have mercy on us. Heart of Jesus, enriching all who invoke you, have mercy on us. Heart of Jesus, fountain of life and holiness, have mercy on us. Heart of Jesus, propitiation for our sins, have mercy on us. Heart of Jesus, loaded down with opprobrium, have mercy on us. Heart of Jesus, bruised for our offenses, have mercy on us. Heart of Jesus, obedient to death, have mercy on us. Heart of Jesus, pierced with a lance, have mercy on us. Heart of Jesus, source of all consolation, have mercy on us. Heart of Jesus, our life and resurrection, have mercy on us. Heart of Jesus, our peace and reconciliation, have mercy on us. Heart of Jesus, victim for our sins, have mercy on us. Heart of Jesus, salvation of those who trust you, have mercy on us. Heart of Jesus, hope of those who die in you, have mercy on us. Heart of Jesus, delight of all the Saints, have mercy on us. Lamb of God, who takes away the sins of the world, spare us, O Lord. Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world, have mercy on us.

Jesus, meek and humble of heart, make our hearts like to yours.

Let us pray:

Almighty and eternal God, look upon the Heart of your most beloved Son and upon the praises and satisfaction which he offers you in the name of sinners; an those who implore your mercy, in your great goodness, grant forgiveness in the name of the same Jesus Christ, your Son, who lives and reigns with you forever and ever. Amen.

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The Catholic Church dedicates the month of June to the Sacred Heart of Jesus. Please pray this Litany of the Sacred Heart with us!



Promises of the Devotion to the Sacred Heart of Jesus

Jesus made these promises to his dic

- 1. I will give them all the graces necessary in their state of life.
 - 2. I will establish peace in their homes.
 - 3. I will comfort them in all their afflictions.
- 4. I will be their secure refuge during life, and above all, in death.
- 5. I will bestow abundant blessings upon all their undertakings.
- 6. Sinners will find in my Heart the source and infinite ocean of mercy.
 - 7. Lukewarm souls shall become fervent.
 - 8. Fervent souls shall quickly mount to high perfection.
- 9. I will bless every place in which an image of my Heart is exposed and honored.
 - 10. I will give to priests the gift of touching the most hardened hearts.
- 11. Those who shall promote this devotion shall have their names written in my Heart.
- 12. I promise you in the excessive mercy of my Heart that my all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in my disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.